

What to bring to Suttle Lake Camp

* *items are optional*

CLOTHING:

- ❖ Several Changes of Clothing
(*Layers work best as the temperature may vary throughout the day and week.*)
- ❖ Comfortable walking shoes or athletic shoes
(*At least two pairs. Closed toed shoes are best for the terrain found at camp.*)
- ❖ Light Jacket or Sweater or Sweatshirts
- ❖ Heavier Jacket for chilly evenings
(*Waterproof can be helpful since there are occasional rainstorms.*)
- ❖ Brimmed Hat
- ❖ Pajamas/Sleepwear
- ❖ Swimsuit & Towel
- ❖ Shoes that can be worn for water activities
(*Aqua socks, old tennis shoes, sandals with straps, but no thongs or flip flops*)

BEDDING:

- ❖ Sleeping Bag
- ❖ Pillow

TOILETRY ITEMS:

- ❖ Towel & Wash cloth
- ❖ Toilet articles such as: soap, toothbrush, shampoo etc.

OTHER:

- ❖ A positive attitude
- ❖ **Flashlight** *with extra batteries*
- ❖ **Water bottle** *for use around camp or on hikes*
- ❖ **Sunscreen**
- ❖ *Chapstick
- ❖ *Camera (*disposable cameras are recommended*)
- ❖ *Day pack/fanny pack
- ❖ All medications must be in **original** bottles or packaging and referenced on the health form.
(*Please keep them where you can easily get them out for registering upon arrival at camp.*)

Camping is a way of life! Don't bring electronic devices, iPods, MP3 players or hand held games to camp. In children & youth camps, cell phones will be collected and returned at the end of camp.

A note about the "Camp Store": Souvenirs and snacks are available at the camp store. The store is ONLY open during check-in & pickup time, when parents or other guardians are present. No money will be needed during the week at camp, snacks are provided.

**Please remember to mail in your "Health Form"
at least 10 days before your event.**